

This beautiful resource has many teaching points that can be used to open up powerful conversations with children on a range of topics that assist with achieving success. I have outlined some of the main teaching points below. There are many in the book, you might like to choose the ones that are most relevant to your child.

Each one of us is a unique individual with our own strengths, talents, dreams, desires and our own super powers to help us achieve these things. When we help children to tap into their own innate wisdom by asking the right questions, they are able to find answers that empower them. As they learn to do this more and

more, they grow into adults who are resourceful, confident and able to control and shape their own destiny.

Ask your child what they think Marvin's super powers are? (Hint – they are curiosity and determination)

Discuss the importance of curiosity. What does curiosity look, feel and sound like? What do we do when we are curious? We ask questions and the right questions have the potential to create new thoughts and help us find solutions.

“The important thing is to not stop questioning. Curiosity has its own reason for existing.” Albert Einstein

Ask your child what their super power is? We all have at least one! When we align our superpower with our desires and intentions magic happens.

Ask your child what the owl did to help Marvin find the answers within him?

The owl asked Marvin some better questions. Discuss what makes the questions the owl asked better questions? Hint – They are all focused on helping Marvin to find a solution that works for him. Better questions generally start with what, when and how. Why questions aren't usually helpful, as they tend to keep us stuck in the same thought pattern.

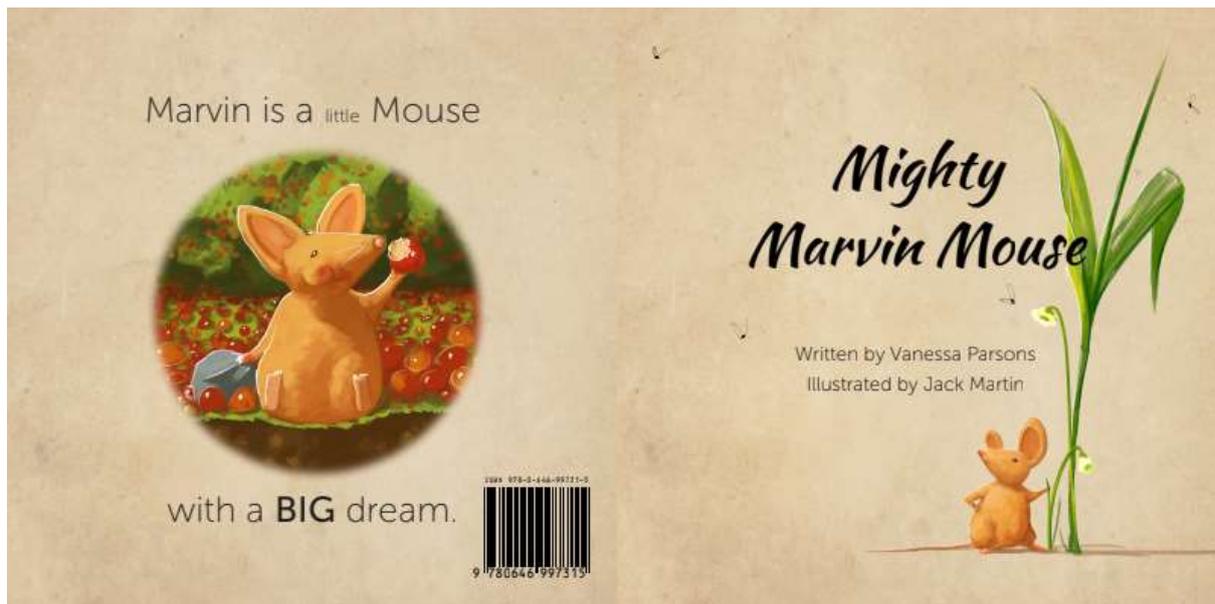
Brainstorm a list of better questions together.

Examples of better question starters to use with children include:

How can you.....?

What can you do to.....?

What is the first step to....?



What strengths do you have that you can use to....?

What is a possible solution for...?

What ideas haven't you thought of yet?

If you knew how to....., what would you be doing?

What would the wise owl within you say?

Ask your child how they think Marvin might have felt when the owl asked him the questions? It can feel uncomfortable to be asked questions and it's okay to feel uncomfortable, being uncomfortable means that you are growing and moving out of your comfort zone.

Talk about how Mighty Marvin Mouse didn't say "I don't know" to the questions the Wise Owl asked. Discuss how when we answer a questions with "I don't know" we block our mind from being able to come up with an answer. If you don't know the answer, allow yourself just to sit with the question. Stress that it's okay not to get an answer straight away. In asking the question, the answer is formulated and sometimes the answer comes to us at a later stage (often when we are busy doing something else). The response "I don't know" actually means I'm too scared to answer the question.

Ask your child how they think Marvin would have felt when he realised that he could build a raft? It feels empowering to come up with your own ideas and solutions.

Discuss the importance of asking the right questions and taking action. Sitting wondering how to get to the other side of the river wasn't going to get Marvin there.

Marvin had to take action as well. Make a list of all the action Marvin took in the book.

Ask your child if Marvin succeeded on his first attempt to cross the river? Did he give up even when he failed? Often when people try something new and fail they give up rather than realising that the attempt has given them a valuable piece of information about one way something doesn't work and that this puts them one step closer to knowing what does work.

Marvin was able to answer the owl's questions because of the experiences he had been through and the things he knew that didn't work. Ask your child what it was that kept Marvin trying again and again?

It was his determination super power! Determination enables us to keep on going and taking action even when it feels hard. It is different to motivation, which comes and goes. Successful people make choices and take action towards their goals even when their motivation is low.

Talk about how everyone has a wise owl inside them that always knows the right answers for them. It is easier to access the wise owl inside us when we are in a space of gratitude or joy. Make a list of things that help your child to feel gratitude.

Have children draw a picture of themselves with the wise owl inside them...what questions is their wise owl asking?

Thank you.

Vanessa.

